



CENTRAL IOWA
RSVP
Connecting People To Purpose

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volunteer opportunities



Summer 2025



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Attention RSVP Pen Pals



We dearly love our Pen Pal program at RSVP. The letters that go back and forth between our volunteers and the students in our area schools are more impactful than you might realize. The students comment about the kindness of their pen pals, and they get so excited to meet the person they have been corresponding with at the end of the school year.

We are so thankful for the teachers who make the program possible. They often comment about the value of the Pen Pal Program for their students.

We are also very thankful for all those volunteers who have committed to write monthly to a student in our area. Your participation in this project helps your student to understand the value of conversational writing, and helps them to feel comfortable communicating with someone of an older generation whom they have never met. Letter writing is nearly a lost art, and through your letters they learn the joy of receiving personal letters from someone who cares about them.

Thank you to all of our pen pals, and welcome to anyone who would like to become a pen pal.

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Come to a Pen Pal Kickoff!

If you are a pen pal or interested in being a pen pal to an elementary or middle school student in your area, we encourage you to attend one of our Pen Pal Kickoffs in August. Feel free to invite an interested friend.

We are making some changes to our Pen Pal Program, and want to share with you what, how and why we are making changes. We want the Pen Pal Program to be the best it can be. Refreshments will be provided.

Three locations: **Please mark your calendars!**

Webster City Senior Center

Tuesday, Wednesday, Thursday August 5, 6, and 7 at 2:00pm
(choose one date to attend)

Jewell United Church of Christ

Wednesday, August 13 at 2:00pm

Southeast Valley Middle School, Burnside

Friday, August 15 at 2:00pm (tentative date)

**Please respond to let me know which date you will be attending.*





Summer 2025

RSVP Brag Book Photo Collage



Pen pals at Webster City Middle School



Pen pals at St. Thomas Aquinas

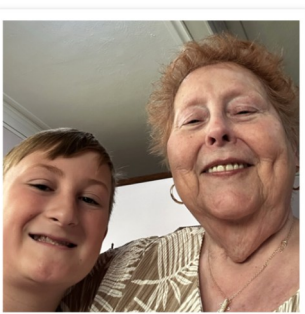
Pen Pals at Community Christian School



Pen Pals at Stratford Elementary



Pen Pals at South Hamilton Elementary



Pen pals at SEV Middle School



I ❤️ RSVP Event
at Webster City

Current Volunteer Opportunities Summer 2025



The following opportunities are available to all volunteers in Hamilton and Webster Counties. If you are interested in an assignment in another community, RSVP can provide mileage reimbursement. For more information, contact Becky Koppen at 515-832-2525.

Webster County Conservation Board

There are many outdoor activities that volunteers can do with the Webster County Conservation Board. Put your gardening and caretaking skills to use for Webster County parks!

Nursing Home Visitors

Volunteers are needed at several nursing homes in the area to visit with residents, play cards, help with bingo, do craft activities. Card writers are sought to write monthly notes to nursing home residents.

Blanden Memorial Art Museum

The Blanden Memorial Art Museum is seeking docents to help lead groups through the museum, and help with crafts on a weekly basis .

Van Diest Medical Center

Greeters and guides and bedside visitors are needed at Van Diest Medical Center, Webster City.

Jewell Historical Society Museum

Volunteers are needed at the Jewell History Museum. Volunteers can greet visitors and ask them to sign the guest register, do general cleaning in the display area, or help with grounds maintenance. Museum is open Sunday afternoons during the summer.

Community and Family Resources Labeling

Brochures are in the Webster City office ready to be labeled, can do the labeling from home.

*Find more on our website: rsvpvolunteer.org



BASE Continues to Flourish

It has been such a joy to see the BASE Senior Fitness exercise program grow and flourish. Thanks to a wonderful group of volunteer leaders who are dedicated to keeping their classes running smoothly, the BASE program has grown from its original 5 class sites to the current 16 sites.

BASE (which stands for Balance, Agility, Strength, Endurance) is a free exercise program designed specifically for seniors. The exercise routine, which takes from 45 minutes to an hour to complete, is gentle and low impact, yet effective in working on all the major muscle groups of the body.

Many participants say that one of the best things about the BASE classes is the social aspect and the sense of group comradery. Fun and fellowship is part of the routine.

Please contact me if you would like to join or start a BASE class in your area.



"ACE" BASE group which meets at the Webster City Senior Center

Central Iowa RSVP Staff

Kalen Petersen
Director
515-733-4917
director@rsvpvolunteer.org

Becky Koppen
Volunteer Coordinator
Hamilton and Webster Counties
749 2nd Street
Webster City, IA 50595

308 Central Avenue
Fort Dodge, IA 50501

515-832-2525
hamweb@rsvpvolunteer.org

Laura Severson
Office Coordinator
503 Elm Avenue
Story City, IA 50248
515-733-4917
office@rsvpvolunteer.org



Judge Comment Writers Needed

One of the fun events that happens every summer is the county fair. At the Hamilton County Fair, on the opening day of the fair when all of the entrants are judged, RSVP volunteers help the process by writing down the comments made by the judges so that the contestants can have a copy of what the judge said about their entries.

If you would like to be a judge comment writer, please contact Becky. Judging date is Monday, July 21.



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www.rsvpvolunteer.org



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